



## SLT MESSAGE

Dear Parents and Carers,

We hope you had a wonderful and restful half term break! It's great to welcome you and the children back to school, ready for the exciting term ahead. We have lots planned, and we're thrilled to see our pupils back in the classroom, ready to learn and grow.

We are also delighted with the recent stretch of lovely, settled dry weather we've been enjoying here in Cornwall. It's been such a pleasure to see the sun shining and the children out in the fresh air. We're eager to make the most of this wonderful weather and encourage outdoor learning. Our beautiful local region offers so many opportunities, and we look forward to exploring and experiencing the wonders of Cornwall with the children—whether it's local walks, nature activities, or outdoor lessons that bring learning to life. As you all know, I'm a big advocate for the power of the outdoor environment and it's positive impact on our wellbeing.

In exciting news, we are pleased to announce that we will soon be welcoming a new Headteacher to the Oak Tree family. Mr. Matt Hughes has been successfully recruited and will be joining us shortly. We are all looking forward to working with Matt, who comes with a wealth of experience from other SEMH settings, and we are confident that his leadership will continue to support the nurturing and inspiring environment we've worked so hard to create here at Oak Tree School.

As always, thank you for your continued support. We look forward to another fantastic term of learning, growing, and making memories with your children.

Warm regards,

Luke Bolsin

## *Key Dates for your Diary*

### **Spring Term**

Monday 6th January 2025 -  
Friday 4th April 2025

### **World Book Day**

Thursday 6th March 2025!  
Dress up!

### **Let's Talk Workshop**

Monday 10th March 2025

### **Let's Talk Workshop - Puberty**

Monday 17th March 2025

### **Options and Careers Workshop**

Tuesday 1st April 2025

### **Last Day of Term**

Friday 4th April 2025

### **Easter Holidays**

Monday 7th April 2025 -  
Friday 18th April 2025

### **Easter Monday - School Closed**

Monday 21st April 2025

### **Return to school**

Tuesday 22nd April 2025

**All key dates will be  
uploaded on our website.  
To view our news and  
events please [click here](#).**



## OAK TREE NEWS



### Games Workshop

Students had a session down at the Games Workshop where they were shown how to do some shading and discussed the different factions and armies in the Warhammer World.



### WOODCHIP WARRIORS & SPRING SPROUTS

Students have been helping to move **TEN TONNES** of woodchip to landscape the pathways and beds in the Lost Gardens and they are looking better then ever! Who knew we had so many secret landscapers in our midst?

**Spring is here, which means more jobs need doing.** We are welcoming students to come and get stuck in! Our first herbs have arrived for Spring.





# OAK TREE NEWS

## GCSE/Functional Skills

Some of Oak Tree's Year 9,10 and Year 11 students will be given the opportunity to sit GCSE or Functional Skills exams during the 2025/26 academic year.

On the school website we have included the 'Information for Candidates' notices that provide exam candidates with all the information they need to ensure they are following all the rules laid out by the external exam boards.

Link: [Student Zone - Oak Tree School](#)

Please read these notices and make sure that the students involved are aware of the rules.

If you have any further questions, please contact your child's tutor team. If you would like a printed version, please request this from the office.

# POLLY JOKE'

**This week Polly Joke class have been loving the sunshine! We have started a new topic all about light and how we see in science, with the children learning about the human eye this week. In English we are unlocking our poetic sides, starting to write a narrative poem based on the Hodgeheg by Dick King Smith. In geography, we are continuing our focus on weather and climate, this week looking into the European heatwave of 2003.**

The Mental Health Support Team warmly invite you to attend...



# Wild Wellbeing



During the Easter holidays MHST, in collaboration with Natural England, Cornwall Wildlife Trust and ..., would like you to join us on a FREE Wild Wellbeing session at various locations across Cornwall.

This is for parents and their primary aged children (5-11) in Cornwall to help understand and support emotional and mental wellbeing.

Please book EACH child on to a session below:

Morning and afternoon sessions available:

Tuesday 8 April 2025 at Golitha Falls

Thursday 10 April at Tehidy Woods

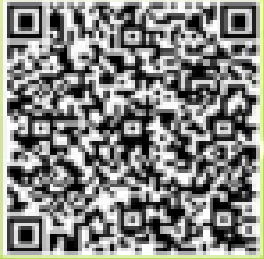
Tuesday 15 April at The Dipping Pond, Gossmoor

Tuesday 15 April at Widemouth Bay, Bude

Each session will last approx. 2 hours

To request a place, complete the online form or scan the QR code provided:

<https://forms.office.com/e/1cVmDjXF5E>



Please note: Places are limited and will be allocated on a first come, first serve basis. If you are allocated a place and cannot attend, please let us know so we can allocate your space to someone else

Follow us on Facebook for updates and upcoming events:  
[Cornwall Mental Health Support Team \(MHST\)](#)





## RAMADAN

**FIRST DAY OF RAMADAN THIS YEAR IS FRIDAY 28<sup>TH</sup> FEBRUARY 2025**

During Ramadan, some people of the Muslim Faith, start 'Fasting', this means they do not eat or drink from sunrise to sunset. At the end of the daily Fast, during the night, Muslims share meals, with family and or friends, which is called Iftar. As Fasting is seen as a spiritual principle, Ramadan is also a time when people try to stop making bad habits as well and instead, dedicate themselves to Prayer and Charity.

Is there anything you could go without?

Do you support Charities?

Remember - write your answers on your Big Q display in your school hall. Each response is worth a lucky ticket!

**AO Religious Knowledge:**  
Student can ask, and suggest answers to, questions of values and commitments, relating them to their own life.



Oak Tree School Big Questions

**WORLD BOOK DAY**

Staff and Students are encouraged to dress up as a character from their favourite book on

**Thursday 6th  
March 2025**

# Get your Free Safe Places Card for people aged 16 + with a learning disability and/or neurodivergent people



Healthy  
Cornwall

A hand is shown holding a 'Safe Places Card'. The card has a yellow header with the text 'I need help' in red. Below this is a green section with a person icon and a telephone icon, followed by two white input fields for 'My name' and 'Please call'. There are three checkboxes with labels: 'I have a learning disability', 'I am autistic', and 'I am neurodiverse'. A circular logo for 'Safe places' is also on the card, featuring a house icon and the text 'Safe places' and 'Ask inside for details'.


Pick up a Safe Places  
Card from your Library

 [safeplaces@cornwall.gov.uk](mailto:safeplaces@cornwall.gov.uk)



Did you know that **Cornwall Libraries** are registered Safe Places?

 The Safe Places scheme is for people 16+ with a learning disability and/or neurodivergent people.

 You can now pop into your local library to pick up a Safe Places card.

[Safe Places - Cornwall Council](#)

HOW TO TALK TO YOUR TEEN ABOUT SEX,  
RELATIONSHIPS & PUBERTY

# LETS TALK WORKSHOP

Come and chat with...



**Oak Tree  
School**

**Hanna Toms**

Relationship & Sex  
Education Therapist  
(RSE)

***If you're interested & would  
like to attend, please contact:***

**01872 264221**

kiah.williams@  
oaktreeschoolcornwall.co.uk

michele.haigh@  
oaktreeschoolcornwall.co.uk



**Monday 10th  
March 2025**

10:00am - 11:00am

Oak Tree School,



TR4 9NH

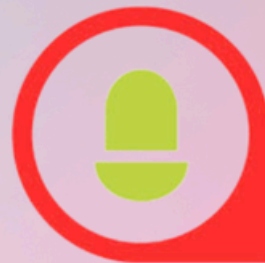
Grow in confidence to be  
able to have conversations  
we all know we need to  
have, but many of us  
dread...

A relaxed & fun  
opportunity to  
update your  
knowledge & ask  
questions!

Find out what  
is age  
appropriate  
for your teen

Discuss ways to talk  
to your teen about  
puberty, healthy  
relationships,  
consent, STIs &  
contraception

Lets Talk



Oak Tree  
School

# ABOUT PUBERTY

## WORKSHOP

### WHATS INVOLVED?

- Learn about the physical & emotional changes caused by puberty
- Talk about body boundaries and what constitutes healthy relationships



**Monday**  
**17th March 2025**

10:00am - 11:00am



Oak Tree School,  
TR4 9NH

Meet with  
Hanna Toms  
Relationship & Sex  
Education Therapist  
(RSE)

**IF YOU WOULD LIKE TO ATTEND, PLEASE CONTACT:**

**01872 264221**

[kiah.williams@oaktreeschoolcornwall.co.uk](mailto:kiah.williams@oaktreeschoolcornwall.co.uk)




[michele.haigh@oaktreeschoolcornwall.co.uk](mailto:michele.haigh@oaktreeschoolcornwall.co.uk)



# MENTAL HEALTH AWARENESS WORKSHOP






Oak Tree  
School

-  Tuesday 29th April 2025
-  10.00am - 1.00pm  
Oak Tree School, TR4 9NH
-  Buffet Lunch included



## What's Involved:

-  A free introduction into increasing knowledge & awareness of mental health and wellbeing delivered by Healthy Cornwall
-  Learn the different signs and symptoms to watch out for surrounding mental health
-  Learn some Stress Reduction techniques

To book a space  
or for more info:

01872 264211

kiah.williams@  
oaktreeschoolcornwall.co.uk

michele.haigh@  
oaktreeschoolcornwall.co.uk



Healthy  
Cornwall

# LET'S TALK

# OPTIONS & CAREERS WORKSHOP



Oak Tree  
School

WITH CHRIS PENFOLD - POST 16'S & CAREERS LEAD

To include an overview of the careers program, including:

- Why we do it
- What we do
- How you can support your child with future choices
- Post-16 Options
- Q&A Opportunity



## TUESDAY, 1ST APRIL

11.00AM - 1.00PM

OAK TREE SCHOOL, TR4 9NH

kiah.williams@oaktreeschoolcornwall.co.uk  
michele.haigh@oaktreeschoolcornwall.co.uk

01872 264221



# FAQ guide to Kooth for parents and carers



We spoke to parents and carers across the UK with the aim of better understanding what questions they had about Kooth, our children and young people's service. We collated the most commonly asked questions that came up about Kooth and have outlined everything you might want to know about us in this FAQs guide. But first, here's a little bit of information about us. Kooth is an online, mental health and wellbeing service for children and young people.

### Some things we'd like you to remember about Kooth include:

- We're completely free to use.
- Children and young people are anonymous to us.
- No bullying or discrimination of any kind takes place on our site
- There's no need for any kind of referral to join.
- Signing up and getting started only takes a few minutes.
- No problem is too big or small.
- 

### What you'll find on Kooth includes:

- Live text-based chat sessions with a mental health practitioner. Send a message to our team inbox anytime.
- Support from our online community of young people.
- A range of self-help tools. Helpful content written by other young people and our professional team.
- 

Live chat times are:

**Monday to Friday: 12pm - 10pm**

**Saturday and Sunday 6pm - 10pm**

Hours may vary during the Christmas period, new year period and bank holidays but we are available 365 days a year.

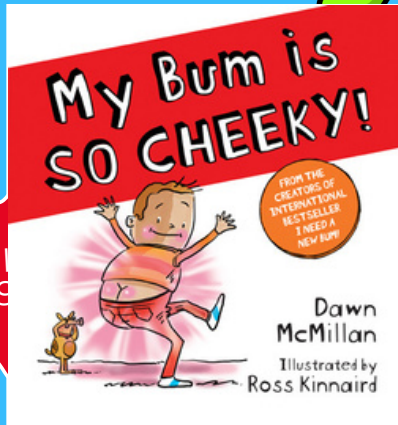
Children and young people can visit [www.kooth.com](http://www.kooth.com) today to start accessing support.

FREE BOOKS FOR YOUR SCHOOL WHEN YOU BUY AT THE BOOK FAIR!

A POP-UP BOOK-STORE WITH HUNDREDS OF BOOKS FROM JUST £2.99

COME TO THE

# BOOK FAIR



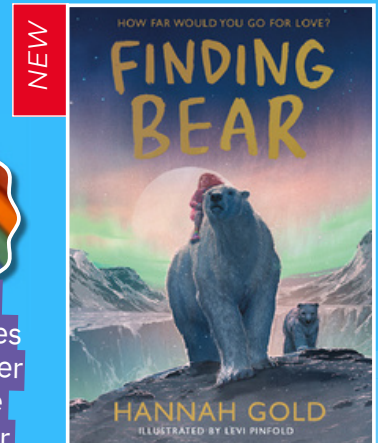
ONLINE £2.99

£6.99 ~~£2.99~~



From CBeebies presenter George Webster

£6.99



£7.99



Hardback only £7.99

£12.99 ~~£7.99~~



A LAUGH OUT LOUD new illustrated series

£6.99



Hardback only £9.99

IN CINEMAS FEBRUARY 2025

£12.99 ~~£9.99~~

Date:

Monday 24th February 2025 - Monday 10th March 2025

Scan the QR code to pay online!





# Events 2025

For times and prices visit our website, facebook, instagram or give us a call (01209 613153)

## January

### 18th Wassail & Back to the Land Day

An early evening celebration with music, dancing and refreshments. Help us dress our trees with tasty treats for the birds. Bring your Christmas tree for recycling.

## February

### 19th Feathered Friends

Its nest box week so come along and make a nest box for your garden birds. Take part in a birdy trail around our site.

### Winter Pruning Days

Join our horticulture team every Thursday for pruning & gathering scion wood for grafting

## March

### Mothers Day

Join us for pop-up activities in our shop & on-site. Check our socials for details or call us.

### Grafting Workshops

Join our horticulture team every Thursday and learn the art and science of apple tree grafting.

## April

### 9th and 16th Easter Events

Join us for pop-up activities in our shop & a trail on-site. Check our socials for details or call us.

### 26th Trevithick Day

<https://www.trevithickday.org.uk/>  
Visit us at our plant stall on Commercial street very near our shop!

## May

### 23rd Dragonfly Camp

A one night camp to learn about our dragonflies and hopefully witness their summer emergence.

### 28th Dragonfly Fun

Make your own beautiful Dragonfly. Test your knowledge on our trail.

## June

### 7th Camborne Green Fest

Visit us at our plant & produce stall. Have a go at our fun & suitably 'green' activities.

## July

### 2nd Blue Light Day

[https://www.facebook.com/bluelightday/?locale=en\\_GB](https://www.facebook.com/bluelightday/?locale=en_GB)

### 5th -7th Butterfly and Moth Camp

A glimpse into the lives of our lepidoptera with a local expert.

### 14th Stithians Show

<https://www.stithians.show>

### 19th Camborne Show

<https://www.camborne-show.org.uk>

## August

### 16th, 17th and 18th West of England Steam Fair

<https://www.weses.co.uk>  
Visit us on our plant & produce stall and have a go at our fun activities.

## September

### 4th, 11th and 18th Summer Pruning

Join our horticulture team to carry out work on our espalier orchard

### 20th Giant Vegetable Show

Come and marvel at our magnificent giant vegetables. Enter our competition with your own spectacular specimens.

## October

### 11th Apple Day

Our annual celebration of all things Keheland!

### 29th Bat Evening

Join us and a local bat expert to look at our night time fliers.

### 29th Allantide

Celebrate this Cornish autumn festival. Take part in our Pumpkin trail and other fun activities.

## November

### Christmas Trees and Festive Trail

Its time to choose your Christmas Tree and help plant out new Christmas tree plantation. Have a go at our Christmas Trail.

### Wreath Making

An opportunity to get in the festive spirit and create a personalised wreath. Dates TBC

## December

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